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Accessed 11th February 2015

## Calvary Health Care Bruce

### Breastfeeding Supervised Clinical Practice Record Book

**Name**

**For a guide to completing your Clinical Practice Booklet see  
examples at the front of the booklet  
Definition of "Supervised Clinical Experience"**

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Date	Title of Breastfeeding Education Session/Presenter	hours

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*Supervision should be by someone who is experienced and knowledgeable about evidenced based, contemporary breastfeeding practices consistent with BFHI standards. The supervised clinical experience can be acquired in a single session or cumulatively through supervised experience during normal working day activities. It may include observation and or assisting with a particular practice e.g. breast expression, assisting with a breastfeed, discussing breastfeeding with pregnant woman (antenatal clinic or booking-in), facilitation of skin to skin contact at birth and early initiation of breastfeeding, support provided to a non-breastfeeding mother.*

#### **Examples of “Supervised Clinical Experience”**

*In some instances case study discussion can form part of the clinical supervision, but it is also beneficial to have supervision of skills in normal daily activities, followed by constructive feedback and self-reflection. Many people may answer questions well in a one-to-one discussion-type situation but may still struggle when it comes to doing it in practice. Sometimes it’s not about knowing WHAT to do in each situation, it’s about HOW to do it. For example, ways to speak to the mother that empower and encourage her, ways to demonstrate attachment or expressing without touching the mother or the baby, ways to talk about tricky subjects such as use of supplements or dummies.*

<b>LEARNING FROM CONSULTING EVIDENCE OR LITERATURE</b>	
<b>Date</b>	Signature and position of your peer Ask a witness to your learning to sign this record
<b>The stimulus</b>	Outline what led you to conduct your research ie: consulting literature, evidence, policies, SOPs
<b>Evidence Consulted</b>	Record what literature, evidence, policy SOP or other you consulted
<b>Learning</b>	<ul style="list-style-type: none"> <li>Identify any skills, knowledge or attitudes that you gained from the experience</li> <li>Did the evidence you consulted answer the question or solve the problem you identified?</li> </ul>
<b>Effect on Future Practice</b>	If what you have learnt will change the way you support breastfeeding in the future, outline how you will do this
<b>Further learning needs identified</b>	If you identified any gaps in your knowledge or further learning needs as a result of this evidence, list these here
<b>Plans to address identified learning needs</b> List any strategies that you have identified to address an identified learning needs or gaps	<b>Date Completed</b> Record dates if you complete any of these or other learning activities related to this evidence
<b>Evidence gaps/ Future Research Ideas</b> If you identified any gaps in the breast feeding evidence base, need for policy or SO-Prevision or gained ideas for future research record these here.	

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<b>LEARNING FROM EXPERIENCE/ OBSERVING PRACTICE</b>		
<b>Date of Experience</b>	<b>Location</b> Record where the learning took place	<b>Signature of Peer or Witness</b> Ask a peer or person aware of your experience to sign here
<b>Position of person signing</b>	In this section identify the type of health professional or other person (eg a mother) who signs this record	
<b>The Experience/What did you Observe?</b>	Use this section to record the experience from which you learned. What happened, what did you do, what caused you to learn?	
<b>What did you learn?</b>	Identify any skills, knowledge or attitudes that you gained from the experience.	
<b>Effect on Future Practice</b>	If what you have learnt will change the way you support breastfeeding in the future, outline how you will do this	
<b>Further learning needs identified</b>	If you identified any gaps in your knowledge or further learning needs as a result of this evidence, list these here	
<b>Plans to address identified learning needs</b> List any strategies that you have identified to address an identified learning needs or gaps	<b>Date Completed</b> Record dates if you complete any of these or other learning activities related to this evidence	

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